



## C. G. H. ON THE HILL

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C.G.H. on the hill  
With its faults, we love it still.  
Up there, they made a nurse of me,  
Not a duty did I shirk,  
Oh! I really learned to work  
In hopes a graduate one day I'd be.  
How often I feared I'd never see the day  
It seemed I always managed to be wrong.  
'Twas then that the Supervisors all went gray  
They hoped I'd not be staying very long.  
How the time slips away,  
Yet it seems like yesterday  
A handsome mayor shook hands with me,  
'Way down deep in my heart  
There'll be always a part  
Of the training school that stands upon the hill.

MRS. R. CUNNIFFE (Paterson '32)

*Calgary General Hospital 1951*

*152*

C.G.H.



*Alumnae Life - 1951*

# Editorial



Green is what I am when it comes to editing a "Year Book" but with the loyal help of many of our members I do hope we have compiled a book that will be both newsy and interesting to you all.

With the passage of time we have experienced many changes in the hospital we all have fond memories of, both in personnel and in the building itself. The retirement of Miss A. Hebert and the passing away of Miss Julia Murphy remove from our Alma Mater, faces many of us knew well.

The new building itself is showing progress—may it be opened in the not too distant future.

I want to thank all those who so kindly wrote articles and gave me their assistance in compiling the Year Book.

Greetings to you all for the holiday season, and in '52 the Best to you.

B. BEWICK (Bailey '39).





To all our members near and far,

#### GREETINGS

The year 1951 is rapidly drawing to a close. This interesting and busy term is very well reported throughout the year book.

I hope that the important decisions made, meet the approval of all. Our Alumnae is becoming a large organization and progress must be maintained to meet its expansion.

I have had a wonderful executive and have enjoyed the personal contact with them all. At this time I want to thank them most sincerely for their support and cooperation throughout the year.

“God Bless you at this Christmas Time,  
and through the year that’s new.  
God grant to you the joy of Hope,  
and Faith that’s strong and true.”

Sincerely,

MARGARET E. PILLIDGE

(Carpenter '31)



Once again, after nearly ten years, we are called upon to say au revoir to our Superintendent of Nurses. Miss Hebert, after many years of untiring service, has earned a well-deserved rest from her arduous duties as Superintendent of Nurses of the Calgary General Hospital.

Many of us have many happy memories of our night duty when, in the wee, small hours of the morning, Miss Hebert, as Night Supervisor, made her nocturnal rounds, giving encouragement here, a helping hand there, sound advice somewhere else, and occasionally a reprimand. Especially were we glad to see her when she made her rounds on old First West, Second East and Second West. A cheery word and a few minutes chat about some patient's condition, even a glance at some chart and the order book helped make the night seem less long. She has also been very thoughtful, considerate, showing us many kindnesses during her years as Superintendent of Nurses.

There is much more one would like to say, but space does not permit, and so, Miss Hebert, we say "Well done, thou good and faithful servant". May you be spared many years to enjoy your retirement to which we know you are looking forward.

Your Alma Mater extends to you its very best wishes for much happiness and continued good health in the future.

B. J. von GRUENIGEN ('21).



To The Alumnae of The Calgary General Hospital:

The coming year should see us moving into our new hospital. There will be room for all of us to work, to make it an equipped and finished, smooth running institution, of which we can all be proud.

I wish to thank you again for your continued interest in your Alma Mater.

May I also send my wishes to each of you for a Happy Christmas and a Prosperous New Year.

J. D. HEASLIP, M.D.,  
Medical Superintendent.

# The Calgary General Hospital Association

## EXECUTIVE - 1952

Past President .....	Mrs. W. Pillidge (Carpenter '31)
President .....	Mrs. D. G. McInnes (McNeill '46)
1st Vice President .....	Mrs. J. Turner (Bucklelee '40)
2nd Vice President .....	Mrs. A. Kuzyk (Newton '43)
Corresponding Secretary .....	Mrs. T. Yearwood (Hallam '48)
Recording Secretary .....	Miss D. Johnson ('48)
Treasurer and Membership .....	Mrs. W. T. Brigden (Folkins '26)
Press Representative .....	Miss M. Podwysocki ('49)
Program Convener .....	Miss M. Bugler ('47)
Refreshment Convener .....	Mrs. W. R. Horrell (McNeill '43)
Ways and Means .....	Mrs. T. Bewick (Bailey '39)
Sick and Visiting .....	Mrs. C. W. Boyd (Oliver '26)

## ALUMNAE CALENDAR FOR 1951

JANUARY—Annual reports read. Films, one on discovery of radium and a comedy showing.

FEBRUARY—Business meeting. Life membership discussed. Miss H. Whale elected Honorary Vice-President. Valentine party for senior student nurses.

MARCH—Bulletin read. Travel films shown by Mr. C. K. Francis of C.P.R.

APRIL—Honorary Memberships presented to Miss Amy Casey and Miss M. F. Lavell. Miss Lorna Ellard spoke on "Trends in Nursing."

MAY—Annual Banquet.

JUNE—Bulletin read. Draw for Cedar Chest made by Miss Casey. Talk on Nurses' Convention in Banff by Miss Margaret Macdonald '26.

OCTOBER—Nominations. Short talks by executive members as to their respective duties. Talk on Welfare by Mrs. F. Driscoll.

NOVEMBER—Elections.

DECEMBER—Christmas Party.



## CALGARY GENERAL HOSPITAL STAFF

Miss M. Macdonald—Acting Superintendent of Nurses.

### DAY SUPERVISORY STAFF OF THE CALGARY GENERAL

4th Floor—Male Surgical Ward.

Miss P. Bock ..... Supervisor

Miss K. Walker ..... Assistant Supervisor

3rd West—Female Surgical Ward.

Miss V. McKay ..... Acting Supervisor

3rd East—Female Surgical Ward.

Miss B. von Gruenigen ..... Supervisor

2nd West—Medical Ward.

Miss R. Brady ..... Supervisor

2nd East—Medical Ward.

Miss T. Fitzpatrick ..... Supervisor

1st Floor—Medical Ward.

Miss M. Roycroft ..... Supervisor

Ward 9—Surgical Ward.

Miss M. Rogers ..... Supervisor

Children's Ward—

Miss M. Podwysocki ..... Supervisor

Miss D. Sangster ..... Assistant Supervisor

Maternity

Miss J. Dafoe ..... Supervisor

Miss M. Jones, Miss R. Hambling, Miss M. Bugler, Miss R. Steeves,  
Assistant Supervisors.

Operating Room—

Miss D. McGhee ..... Supervisor

Miss H. Anderson ..... Assistant Supervisor

### NIGHT SUPERVISORY STAFF—

3:30 p.m. to 12 p.m. and 11:30 p.m. to 8:00 a.m.

Miss M. Robertson, Miss D. Barker, Miss M. Carr, Miss J.  
Hartwick, Miss J. Johnson.

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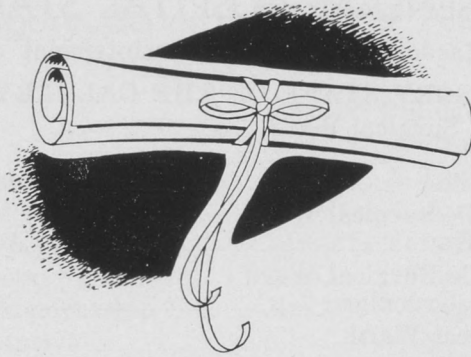
## SICK AND VISITING COMMITTEE'S REPORT

Up to the time of writing this report there has been fifty calls made, which consisted of visits to the hospital, private homes and also to the Keith San.

I am sorry to have to have to report that Mrs. K. Kearns (Olson) is in the San. again, but can report she is improving nicely.

At this time I wish to thank Mrs. Brigden, who so kindly makes these calls with me and we both get great pleasure in visiting with our girls.

JEAN BOYD (Oliver '26)



## GRADUATING CLASS OF 1951



Iona Altwater  
Vera Andrews  
June Bohnet  
Leila Carter  
Mary Dahl  
Beverly Garland  
Helen Garside  
Shirley Gerlitz  
Lorraine Gilmour  
Doris Green  
Mary Johnson  
Betha Johnston  
Marjorie Kemp  
Joan Lee  
Marie Miller  
Cecelia Pascal  
Doreen Pearse  
Madelin Rande  
Aleta Recknell  
Jean Spence  
Elizabeth Taylor  
Joyce Waterhouse  
Muriel Wheatley  
Ruth Wiley  
Donna Woolf  
Jean Archibald  
Helen Chalmers  
Jean Crawford

Juanita Crozier  
Gloria Findlay  
Jeanne Frickleton  
Sybil Gamble  
Margaret Glen  
Marie Grant  
Mrs. Grace Greenfield  
Arlene High  
Phyllis Hobbs  
Jean Houston  
Carol Hutton  
Constance Jacobsen  
Gwynneth Jones  
Carol Luther  
Mary Meda Manning  
Catherine Marles  
Claire Moore  
Hazel Neal  
Catherine Norris  
Joyce Palmer  
Eileen Parsons  
Mary-Nell Rapson  
Phyllis Robinson  
Mary Louise Sandercock  
Yvonne Sandercock  
Wilamien Silverberg  
Phyllis Tinney  
Janet Tysdale

## "A LAMP IS HEAVY"

R.N.'s nomination for the "book of the year" goes to Sheila MacKay Russell's *A Lamp Is Heavy*, published by J. B. Lippincott Company, Philadelphia.

To the book's heroine, Susan Bates, reared under the protective custody of a loving family, nurses were noble figures resembling Edith Cavell and Florence Nightingale, who laid soothing hands upon fevered male brows. Of course, she knew that they sometimes had to deal with "life in the raw" but this was merely a phrase that captured her girlish imagination. It was not until Susan and her classmates, "the Incomparable Twelve," were catapulted into the busy life of a metropolitan hospital that they understood exactly what hospital nursing entailed. Then it was that they came to savor such minor pleasures as a few minutes' rest on a stretcher during a hectic night, an extra hour's sleep in the morning or the news that an exam had been postponed. And there were compensations. Brought close to terror, pain and death, they discovered human beings and, more important developed a greater understanding of themselves. Susan also discovered love, in the person of Jim Alcott, a handsome intern whom she met while unromantically engaged in scrubbing bedpans.

Sheila MacKay Russell, a Canadian nurse, is well qualified to write on the subject of nursing. She graduated in 1942 from Calgary General Hospital and is a 1945 graduate in public health nursing from the University of Alberta in Edmonton. Between the time of hospital training and public health training, she spent a year in a rural hospital and also a year as a patient in a Tb. hospital where her months of relaxation led to her interest in writers and writing. The illustrations which were taken from *Nurse Please* are by Jean McDonnell, and, unfortunately, do not complement the text.

Mrs. Russell says that she wrote the book because she felt it needed to be written and because she needed to write it. Certain it is that the majority of the graduate nurses reading the book will recapture some of the laughter and tears of their own training days, for this isn't a blown-up fictional account; it's a true-to-life picture of nurses and nursing leavened with adult wit and humor.

—FRANCES LEWIS, R.N.

# *Annual Banquet . . .*

"Auld Lang Syne" echoed through the Crystal Room of the Palliser Hotel the evening of April 27th, climaxing the annual banquet of the Calgary General Nurses Alumnae. While everyone sang, each was recalling the memories brought to mind by the interesting and entertaining skit, which was a "March of Time", starting with the first student nurse of General Hospital in 1898 and continuing right up to the present. Our thanks go to Miss M. Jones who wrote and directed it.

The endeavours of Mrs. C. Maberley, who taught the "Panhancers" were greatly appreciated. Their amusing costumes and intricate steps for the square dance brought many laughs to the audience.

To open the program, Miss H. Whale asked Grace, which was followed by dinner.

Mrs. W. Pillidge, president of Calgary General Hospital Nurses Alumnae welcomed the new graduates:

. . . . . pattern your career as though it were a book. During your three years you gathered your information; the index is planned. The graduation exercises is the cover; it is gay and sparkling, making the book stand out. But it is the reading material between the covers that makes this book either a failure or a success. This is what is important to you. All of you are going to make an impression. No doubt some of you will make a greater impression than others—but all of you must strive to create a Best Seller . . .

. . . . . be sure that there is an even balance of humor and pathos, sympathy and understanding. Keep your readers in suspense as to the plot of your story, until you are sure of it yourself; then round out your story with enthusiasm and purpose, not adding the word "finis" until you are sure that you are proud of your efforts . . .

. . . . . your title will then be engraved in large gold letters, so that it stands out on the shelves for all to see and to read and soon to be declared as a classic."

As Mrs. Pillidge closed, the lights went off and thru the darkness came a light, carried by the Spirit of Florence Nightingale. (Mrs. L. S. Partridge), who conducted the Big Sister, Little Sister, Candle Lighting Ceremony. The response was given by Miss A. Recknall, class president.

Mrs. T. O'Keefe brought greetings from the Hospital Board and Mrs. W. D. Mair from the Hospital W.A.

The toast to the Absent Members was proposed by Mrs. D. G. McInnis and the toast to the Out-of-Town Guests by Mrs. A. H. Boyce.



## ANNUAL BANQUET — Continued

Miss J. Swanson proposed the toast to the Training School Office to which Miss A. Hebert responded.

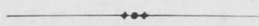
A most delightful solo was sung by Mrs. R. Cunniffe, who was accompanied by Miss M. McLean.

Beautiful spring flowers sent by the Vancouver Calgary General Hospital Nurses Alumnae, and red and gold crepe paper made the tables throughout bright and cheerful. The decoration on the head table was representing many of the occupations that the new graduate might choose in the great sphere of nursing. Some of these were: V.O.N., P.G. Study, Instruction, Marriage, Hospital, Armed Forces, Private Duty, Missionary, Industry, T.C.A. This idea was used for the program cover also.

Altogether 362 attended the banquet; some from far away places such as Alaska, Scotland and New Zealand.

Many of us missed those of you who could not be there, but we can look forward to seeing you at an even bigger re-union next year.

DONNA LESLIE (Desson '48)

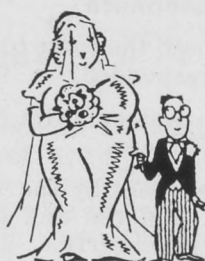


## NIGHT NURSE ON DUTY

Another life slips through the casement bars  
To wing its way up toward yon silent stars.  
(Be still, my heart, heed not these hurts and fears;  
Your strength must ne'er give way to weary tears.  
And, hands, be gentle as you lift this one,  
His daddy called him "Dear, my only son!")  
Oh, stifled laughter veiled in pain and grief —  
Dear God, please guide me while I bring relief!  
A light in number four — new mother there,  
Wee cries from nursery cradles for my care.  
That girl in number six seems sad tonight —  
I wonder why they all can't be all right?  
The world looks lonesome out across the snow,  
With town lights twinkling at it row on row,  
The telephone— "Emergency, you say?  
Yes, Doctor, I'll be ready. We expected her today."

— By FAE DECKER DIX

# Weddings



1951

Mrs. B. Katz .....	(V. Florence '50)
Mrs. J. Klassen .....	(I. Epp '49)
Mrs. G. Willdig .....	(G. Newel '50)
Mrs. J. Miller .....	(G. Hartwick '49)
Mrs. Dippner .....	(L. Garrison '50)
Mrs. Swingle .....	(J. Chapman '46)
Mrs. McDougall .....	(M. Root '50)
Mrs. E. Farrell .....	(Smythe '48)
Mrs. G. McKay .....	(A. Mitchell '50)
Mrs. C. Anderson .....	(M. T. Johnston '47)
Mrs. J. Pettis .....	(J. Oro '49)
Mrs. F. Wright .....	(W. Lucas '23)
Mrs. F. Allersenshaw .....	(M. Sinton '43)
Mrs. C. Lawrence .....	(G. England '39)
Mrs. J. Reyner .....	(R. Edeen '47)
Mrs. R. Milne .....	(D. Hind '49)
Mrs. N. Van Staaldune .....	(J. Polley '40)
Mrs. D. Friesen .....	(I. Smith '45)
Mrs. M. McLennan .....	(L. James '48)
Mrs. J. Stec .....	(E. McGregor '48)
Mrs. R. Lacy .....	(M. S. Staples '47)
Mrs. J. Pegler .....	(E. Christianson '47)
Mrs. J. D. Coates .....	(A. Hooper '45)
Mrs. H. G. Humes .....	(E. Crawford '45)
Mrs. R. J. Frosst .....	(J. Swanson '50)
Mrs. J. A. Dobson .....	(N. Gilchrist '49)
Mrs. R. Nicholls .....	(M. Dahl '51)
Mrs. C. Bakewell .....	(I. Drummond '47)
Mrs. J. Copithorne .....	(A. Davies '50)
Mrs. G. McConkey .....	(A. L. Greenfield '50)
Mrs. John Copithorne .....	(Aileen Davies '50)
Mrs. J. G. Hutcheon .....	(J. Christie '50)
Mrs. Lew Baille .....	(Loretta Shantz '33)
Mrs. Morter .....	(M. J. Cruickshank '50)

# Births



1951

Mrs. E. P. Davies (Sinton '46)	Boy
Mrs. J. W. West (Hickson '48)	Girl
Mrs. A. Davis (Boake '48)	Girl
Mrs. D. Chaurke (McRoberts '45)	Girl
Mrs. B. Oster (Campbell '48)	Boy
Mrs. G. McInnes (McNeill '46)	Girl
Mrs. W. Potter (King '43)	Girl
Mrs. H. Gifford (Deeg '41)	Girl
Mrs. R. Pollard (Thomson '37)	Boy
Mrs. G. MacKenzie (Battrum '46)	Girl
Mrs. P. C. Davidson (White '47)	Boy
Mrs. N. Fox (Clark '41)	Boy
Mrs. W. White (Potter '37)	Boy
Mrs. J. Martin (Caddick '40)	Girl
Mrs. A. W. Harden (Peel '46)	Girl
Mrs. J. W. Tanner (Kennon '48)	Girl
Mrs. A. Gibson (Remackel '42)	Boy
Mrs. E. G. Olsen (Romeril '48)	Boy
Mrs. H. Brackney (Tomlinson '42)	Boy
Mrs. W. Eaton (Nelson '49)	Boy
Mrs. W. Ferris (Butterwick '46)	Girl
Mrs. F. Snyder (Hicks '47)	Girl
Mrs. P. Marsh (Hayes '40)	Girl
Mrs. W. Tuz (Hodgson '39)	Boy
Mrs. H. Stringer (Card '37)	Girl
Mrs. D. F. Papworth (Kelly '47)	Girl
Mrs. B. C. White (Rose '40)	Girl
Mrs. G. Leslie (Desson '48)	Girl
Mrs. D. Corner (Carpenter '44)	Boy
Mrs. A. Nodman (P. Boder '36)	Boy
Mrs. J. Speedie (M. Klein '45)	Girl
Mrs. J. T. Bishop (E. Gounce '45)	Boy

## In Memoriam

Julia Ann Murphy

Mrs. J. Watson ..... (Boyd '24)

Mrs. Harry Morgan (Dr.) ..... (L. Lyness '43)

Mrs. H. S. Gibson ..... (I. McMillan '19)

Mrs. A. Splane ..... (J. Hudson '25)



*I'd like to think when life is done  
That I had filled a needed post,  
That here and there I'd paid my fare  
With more than idle talk and boast;  
That I had taken gifts divine,  
The breath of life and manhood fine,  
And tried to use them now and then  
In service for my fellow men.*

— Edgar A. Guest



DR. W. A. LINCOLN

DR. A. J. FISHER

DR. D. S. MACNAB

DR. DONALD MacLAUHLAN



*Life's race well run,  
Life's work well done,  
Life's victory won,  
Now cometh rest.*

— Edward H. Parker, M.D.



# Medical Meanderings . . .

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Oh, just give a thought  
To that hardy practitioner,  
The Family Doctor;  
The general conditioner  
Who ushers you into the world  
And then eases  
Your course through the gamut  
Of hurts and diseases:  
The Doc, to whom calls  
At all hours are made,  
And whose bills, intermittent,  
Are last to be paid.

"M.D., Phys. and Surg." now  
Requires an apologist  
With every young interne  
An "ician" or ologist";  
He isn't a Doctor,  
No, not any more,  
Today he is labelled  
By one of a score  
Of titles impressive  
Sonorous, spectacular,  
Six-syllable high spots  
Of "Medic" vernacular;  
A Pediatrician;  
Otolaryngologist,  
An Orthopedician  
Mayhap, Ophthalmologist;  
Neurologist or  
Dermatologist or  
Gynecologist or  
A Pathologist  
A Diagnostician  
An Anesthetician;  
Or possibly he's  
A Urologist.

A return to the old-fashioned days is the urge  
When a Doctor was simply  
"M.D., Phys. and Surg."

— G. R. ALLERTON

# ALUMNAE ACHIEVEMENTS

## JUNE BRIDE TEA

Our first alumnae tea was held in Central United Church on Friday, June 8th, and was very romantically called "June Bride" Tea.

Receiving were our president, Mrs. W. Pillidge and Miss Margaret Macdonald, assistant superintendent of nurses.

Mrs. Brigden and Mrs. Sector were very efficient treasurers.

In charge of hostesses was Mrs. Partridge assisted by Mrs. S. Emerson, Mrs. J. Griffiths and Mrs. L. Valentine.

The tea table was centred by a lovely wedding cake made and decorated by Mrs. H. Fisher and she also arranged flowers etc. for the bridal table.

Among the pourers known to many alumnae members were: Miss H. Whale, Miss A. Casey and Miss E. Wainwright.

The home cooking table was convened by Mrs. C. Choate assisted by Mrs. Buckmaster and Mrs. E. C. Macdonald. Our nurses are excellent cooks and the display of home cooking was very tempting and very quickly sold out. They realized \$72.40 on the sale.

The candy table was convened by Mrs. Barker assisted by her daughter, Dorothy, Miss J. Hambling and Mrs. J. Sterling. They had a most attractive table with a wonderful assortment of candy packaged very neatly in boxes; their candy sale brought in \$54.90.

Miss von Gruenigen had charge of the parcel post table and she was really in her glory. The parcels were placed on the table for sale just as they came from the post office, so needless to say there were many surprises and very good values for a quarter. The only thing added to the parcel was the sender's single name and year of graduation if there was any means of identifying the parcel.

This table was a big drawing card as everyone wanted to buy a parcel sent in by one of their classmates or from someone they knew. Vonnie's parcels were all sold in the first half hour and she made \$17.70 on the sale. We would like to thank everyone very sincerely for contributing parcels. Vonnie would like to write to each of you personally, to thank you but it would be a very big job and she has not the time to do it. You will be hearing more about "Parcel Post" in the year book.

Mrs. E. B. Hall was in charge of servitors and did a marvellous job keeping things running smoothly. Mrs. McKibbin looked after the staff waiting on tea pourers.

Mrs. J. Boyd and her staff were as busy as bees in the kitchen. Mrs. Staples kept the pot boiling and made gallons of tea.

We were very pleased with our first tea and have made \$205.00 on it. That amount combined with \$178.77 on our rummage sale and \$750.67 on our cedar chest will give us \$1134.44 to spend on furnishings in our new hospital.

MRS. C. F. PARKS (Johnston '26)

## LIFE MEMBERSHIP . . .

A very smart design was drawn up by Birks and the pins are now ready for the Life Members of our association, elected in the future.

In brief the requirements for Life Members are as follows:

- (1) Candidate to be a paid up member of our organization.
- (2) Candidate to be chosen for outstanding service in the organization or in the profession.
- (3) Each candidate brought up for nomination be submitted in writing with the addition of 10 signatures in backing.
- (4) Voting for Life Membership be made by secret ballot.
- (5) The number of Life Members will be limited to not more than six members.
- (6) Once elected a Life Member be eligible for voting on Alumnae affairs.

At our November meeting it was passed that no more than 1 Life Member be elected each year. This year to be elected at our March meeting and announced at the Annual Banquet.

When out-of-town members make suggestions, endorsed by ten signatures if possible, please send to Corresponding Secretary, Mrs. T. Yearwood, 2112--17A St. West by the end of February at the latest.

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## VALENTINE PARTY

As in previous years our February meeting took the form of a Valentine Party at which the senior student nurses were entertained. The party was held in the dining room of Central United Church.

At the business meeting preceding the entertainment a discussion took place regarding the clarification of the terms and the requirements of Honorary Vice-President, Honorary Members and Life Members. Miss Harriet Whale was elected Honorary Vice-President, and Miss M. F. Lavell of the City Well-Baby Clinic was named as Honorary Member.

Miss Laura Edwards deserves our thanks for arranging the entertainment. Much fun was had by all in the contests and mixed relay races, which she had planned. A good size crowd turned out and we do hope the senior nurses enjoyed the evening.

A lovely lunch was served by Mrs. J. J. Porter and her committee.

## RUMMAGE SALE

Now that the carnival has petered out we find ourselves looking around for other ways of making money. Somebody said "Rummage Sale". Buckmaster and I found ourselves convening it and we were away.

The members came through in their usual dependable style and many many thanks to you all for the abundance of material. Buckmaster made her house a collection depot and by sale time her basement bulged. Many of the girls generously used their cars to get the stuff to the Elks Hall. Mrs. Branscombe agreeably picked up whenever I called her and Beaudry bringing a load and unable to find parking space gaily called to a passing man to assist her—and he did. It was hard work lugging those big cartons down the stairs at the Elk's Hall but we had fun too and when we got our merchandise displayed we had everything from cracked cups to fur coats.

Calgary now boasts five or six of these sales a week, so crowds are small and competition keener than in previous experiences. However the salesmanship of the C.G.H. gals is something to see. Jean Griffith and Buckmaster sold clothing with a professional air. Mrs. Staples wrestled with a mound of CH. Wear and Mrs. Barker sold birdcages and antiques with a calm that gave us all assurance. It was all new to Burns and Sanden but they turned frayed shirts and pants without seats, into a bag of money. Greenwalt soon disposed of a pile of curtains and bedding and young Jean Jeal did a masterful job with the old ladies. Johnny Parks looked after our money and a hundred other details. Partridge and McPhee were the pay off—they had a table of just junk and happily emerged with about \$25.00. We realized about \$192.00, and gave Mrs. Driscoll some remaining things for her Welfare Work and the rest went to the Salvation Army.

To all who gave us such wonderful support, I find it difficult to find words to adequately say thank you.

E. C. Macdonald (Cumberland '20)

## PARCEL POST (Explanation for Out-of-Town Members)

The Parcel Post table at the June Bride Tea was a success from a sale point of view, but was lacking in the number of parcels. This table will be included in our next annual tea and we hope to have more parcels sent in. The idea of this Parcel Post is for the member to send in a parcel worth a certain amount (sold for 25c each, last year) with married name and single name and year of graduation of sender on the outside of the parcel. If you wish to send more than one package, wrap each separately as they are sold just as they are received from the Post Office. Money contributions, if you wish to send such, should be sent to the Tea Convener and not put inside the parcel. We hope you will contribute to this idea this coming year.



# TEA - RUMMAGE SALE - RAFFLE

## TEA

INCOME		EXPENSES	
Door .....	\$ 131.15	Rental & Janitor .....	\$ 19.00
Parcel Post Table .....	17.70	Printing Invitations .....	23.76
Home Cooking .....	72.40	Parcel Post Cards .....	11.40
Candy Table .....	54.90	Serviettes .....	4.72
Donations .....	6.25	Doilies .....	.58
Wedding Cake Sale .....	5.00	Creamo .....	4.06
Groceries Sold .....	3.13	Groceries .....	8.08
	<u>\$ 293.10</u>	Dishwashing .....	3.00
Income .....	\$ 293.10	Corsages .....	3.00
Less Expenss ....c.....	88.10	Table Decorations .....	10.50
Profit .....	<u>\$ 205.00</u>		<u>\$ 88.10</u>

## RUMMAGE SALE

INCOME		EXPENSES	
Income .....	\$ 193.05	Janitor .....	\$ 2.00
Less Expenses .....	14.28	Rent .....	5.00
	<u></u>	Advt. Albertan .....	2.80
Profit .....	<u>\$ 178.77</u>	Advt. Herald .....	4.48
			<u>\$ 14.28</u>

Winter coats to be advertised in the fall.

## RAFFLE

INCOME		EXPENSES	
3688 Tickets at 25c each .....	\$ 922.00	Cedar Chest & Linen .....	\$ 143.71
Donations .....	1.25	Printing Tickets .....	19.44
	<u>\$ 923.25</u>	Wales Hotel Rent .....	4.50
Income .....	\$ 923.25	Stationery & Stamps .....	1.85
Less Expenses .....	172.58	Advertising winner in Albertan .....	3.08
Profit .....	<u>\$ 750.67</u>		<u>\$ 172.58</u>

## TOTAL PROFIT ON THREE PROJECTS

Tea .....	\$ 205.00
Rummage .....	178.77
Raffle .....	750.67
	<u>\$ 1134.44</u>

## A GUEST AT THE ROYAL LUNCHEON . . .



Picture Courtesy Calgary Herald.

Such excitement, the day the postman brought me the letter containing the invitation to attend the Royal Luncheon in the Stampede Corral, as President of the Calgary General Hospital Alumnae Association.

From the moment the word flashed across Canada that Princess Elizabeth and Prince Philip were planning a Canadian tour and of course a visit to Calgary, I, like all good Canadian citizens, was wondering where I could go to get a glimpse of this Royal Party. In Calgary, as the day drew nearer, the weather grew colder; I didn't know what plans to make. THEN—the invitation arrived, just a week to the day before the visit, so my worries were over.

The formal invitation bearing the City of Calgary Crest, had an R.S.V.P. at the bottom and the small card enclosed, to be presented at the gate of entrance said "Dress: Western if possible." This almost stumped me, I had no Western clothes and I really couldn't see myself attending a function for Royalty, dressed in western garb. However, soon the enthusiasm and excitement created by radio made me think that I probably would be out of place were I not dressed as requested. So with a white cowboy hat and a colored scarf to adorn a tan afternoon dress, I was ready to go to the Corral.

The day was very cold, snowing and blowing and I was very glad that I was going to see the Princess indoors. We had to be at the Corral before 11 a.m. It was about 10:30 a.m. when I arrived and soon after that all the invited guests were there. Other Alumnae members that I saw there were Mrs. O'Keefe, Mrs. Porter and Mrs. Turner representing organizations or accompanying their husbands.

There were nearly 800 Girl Guides, Boy Scouts, Brownies and Cubs, as well as about 300 other guests, many very important people and others such as myself representing various organizations. With these 1100 people all getting restless awaiting the arrival of the Royal Couple, the public address system soon gave out several instructions. We all were on the floor of the Corral, no one being allowed up in the seat sections of the building because, we were informed, no one must be above Royalty. So to prevent this, there were many red coated R.C.M.P. and our own city motorcycle police squad standing at every stair entrance, prohibiting the crowd from getting higher up to have a better look. With so many people there, some of us were disappointed because we were sure we never would see the Royal Couple since we could scarcely see the Luncheon Table over the heads and hats of the Scouts and Guides.

At 12 noon the Royal Party was announced and upon taking up their positions just inside the entrance the Brownies, Cubs, Guides and Scouts all let up a resounding cheer. They then performed a March Past in front of the Royal Couple. Now that these ranks had thinned out, those of us behind got our first glimpse of the Royal Pair.

The Princess was dressed in a brown dress, an off the face brown hat with a quill like ornament at the front, brown shoes and a brown bag. My impressions were that she was a tiny, shy and timid young girl; she hardly knew what to do about the crowds and the shouts of welcome from the guests, but she stood rigidly at attention, accepting the shouts and cheers as she would have accepted a salute. The Duke of Edinburgh had a much more free and easy manner. Dressed in a grey business suit, carrying his cowboy hat, he smiled warmly and looked as though he was very interested. His free and easy manner makes him quite a contrast to the Princess.

After the Guides and Scouts had concluded their March Past and returned to their positions, they all knelt on the floor and it was at this time that the remaining guests had their opportunity to have an unblocked view. Soon afterwards the Royal Couple took their places at the table and were served their Chuck-Wagon Luncheon, consisting of beef stew, scalloped potatoes, baked beans, green salad, pie and coffee.

While the Royal Couple and other Provincial and Civic dignitaries had their meal in the Corral, the invited guests filed out to the rotunda where they were served an identical meal in cafeteria style. The meal was hot and very tasty for such a cold day. The guests, after waiting some minutes in line to receive their luncheon all ate

hastily so that they could return to the Corral to see what was "going on". When I returned to the Corral the Do-Si-Ettes were square dancing. I observed the look of appreciation and interest on the face of the Princess; now, she obviously was enjoying herself, her feet were keeping time to the music and she didn't want to miss a thing. She made a motion to move a lamp that seemed to be obstructing her view, an attendant soon appeared and placed the lamp on the floor and now there was nothing in the way. They were not the only ones enjoying the programme, the young dancers themselves were thrilled to dance before Royalty and their young faces fairly shone with pleasure. This informal programme continued for a short time and soon the Royal Couple rose from their places at the table and moved toward some of the younger guests. There were several Brownies and Cubs in Wheel-chairs and on stretchers, attended by Miss Reid from the Red Cross Hospital. The Princess saw them and walked over and spoke to them. Then suddenly, without warning or announcement the Princess accompanied by Mayor Mackay made her way toward the crowd; stopping here and there to speak first to a Guide or a Scout, then to some of the other guests. It was a thrill to see the look on the faces of the people to whom she spoke, it was so friendly and informal.

For some fifteen or twenty minutes the Princess mingled with the crowd, Mayor Mackay at her side and a red coated Mountie about five paces behind. The Duke meanwhile was far behind, smiling or laughing while talking to a Boy Scout; apparently some of the badges were new to him because he asked a lot of questions and was genuinely interested in the replies. It was during one of these conversations that he stood directly in front of me and at the same time began to realize that he was a long way behind the Princess, so he started toward the doorway where she was already making her exit from the Corral.

The building was swarming with R.C.M.P., City Police, Detectives and others for the protection of the Royal Couple but they were as safe in that crowd as if in their own back yard. The guests were so interested and sympathetic and so awed by their Royal Presence that they scarcely gave them a real Calgary welcome.

Being in that huge Corral with so many important people, I felt very humble. Here was Princess Elizabeth, small, and very tired, educated and trained to be OUR FUTURE QUEEN, performing a Royal Duty as only Royalty can, thinking I hope, 'these are all my loyal subjects, the people who make the British Empire great'.

"GOD SAVE OUR PRINCESS ELIZABETH AND PRINCE PHILIP, may they be spared a world of strife and war".

MARGARET E. PILLIDGE

## "BORN THIRTY YEARS TOO SOON?" . . .

Space in the Year Book, plus my lack of ability in the writing line prevents worthy description of our new hospital. Sufficient to say not a stone has been left unturned in providing comfort for the patient, convenience for the doctors and staff, as well as consideration for the public.

Our tour with Mr. Barnes started from the top of the building. We walked for over an hour before reaching the tunnel under the ground floor. It would take several such trips to really digest the wonders of the structure.

The seventh floor vies with any pent-house in existence. A huge combined lecture and demonstration room may be divided at will by folding doors. There is a roomy dietetic lab., offices with rest room facilities for instructresses, cloak and rest rooms for student nurses. West of the lecture room quarters with separate entrance are being reserved for Internes.

Each floor is a complete hospital unit within itself. The "hub" of activity is more or less octogan in shape. Elevators open from the S.W. Directly opposite is the charting desk. Here we find a medicine closet, a room especially designed for the care and storage of flowers. (No more removing the floating island of roses from the tub so Mr. Smith can have a bath.) A cloak room, waiting room and rest room take up the remainder of the space behind the desk. Immediately to the east is a sterilizing room, also an examination room. A scrub up alcove, independent of any room is one of the highlights. Incidentally the elevators are automatic. No more waiting while the elevator man gets ice. What about ice? Ice makers are part of the equipment in the romoy kitchen across from the desk.

Quiet rooms where patients on the danger list may be moved are located near the desk, and a waiting room for relatives and friends has been provided.

Now you will be thinking the poor nurses should have roller skates to travel down the corridors branching from the "hub". Not necessary at all, for when she enters a general ward she enters a complete unit. A large room is divided in the centre by a three-quarter height stud wall. Heads of the beds fit against this wall, thus making a four bedded room just as good as a semi private. These wards are set up in units of two. Dividing them with access to both rooms we find a bathroom for up patients, and a utility room containing bed pan sterilizer and all necessary conveniences for the nurse. In this manner a nurse may care for eight or even twelve patients without entering a corridor. (Shades of the past! No more bed pans white flag bedecked being cautiously carried down the main corridor.) The semi private rooms are set up in the same way. Bathrooms divide each unit of two, the only difference being



the fact that each semi-private has two built in clothes closets. General wards are situated in the East wing. S.P. the South, and Private Rooms comprise the West wing. This arrangement takes care of floors 3, 4, 5 and 6.

Are your feet playing out, or are you short of wind? The elevators are not working as yet. We are down to the second floor. Located in the South wing we find the doctors' locker room, with showers, a smaller room is provided for lady doctors. Next to this is the orderlies' room. On the opposite side there is a splint, fracture, plaster, urology and scrub up room. The operating room supervisor's office is glass enclosed, and situated in such a manner that she has a full view of all approaches. Cloak and rest rooms are provided for student nurses as well as for graduates. The operating rooms are arranged in pairs, both major and minor rooms. Sterilizers are placed between the rooms. A high speed sterilizer looks after any immediate requests for instruments not contained in the regular set up, or (as if it would happen) an instrument dropped on the floor may be replaced in moments. The highlight of the East Wing is the Recovery room. Stud walls dividing spaces make a picture of so many stalls. Officially six patients may be cared for in the recovery room, but it would be quite possible to care for twelve. The oxygen room is situated next to the recovery room. Opposite is the large sterilizing room—even equipped with instrument cleaners. (Wonder if robots will eventually take over?) The X-Ray department is west on the same floor. Quite a difference having the O.R. and X-Ray on the same level.

Immediately below the O.R. on 1st E. is the Path. Lab. A dumb waiter travels from O.R. direct to Lab. Reports on tissue may be obtained while an operation is still in progress, and without anyone leaving the room. The Pharmacy and Out Patients department is also located here. In the centre or "hub" we find the Admitting Office, also room for routine chest X-Ray upon admission. The South Wing or branch of the "Y" is used on this floor as an emergency unit. Emergency operations or patients admitted after a certain hour are cared for here thus avoiding any disturbance whatever to patients in other parts of the hospital. This section is complete with operating and service rooms, and ten bed accommodation. West of this corridor is a very modern morgue and refrigeration room with elevator opening right into same. Further west are the offices. Supt. Nurses, Assistant S., Stenog. and Business offices, Doctors' library, Case records, Drs. cloak room and Business Mgrs. West of these offices will be a thirteen bed Isolation ward, and a fifteen bed set up for chronic cases.

West of the entrance on the ground or basement floor is a large bright room with showers and rest room facilities for the Special Nurses. The West Wing is to be a Psychiatric ward. The cafeteria and diet kitchens are situated on the south side of the East Wing. Red tile floors and buff tile walls. Beyond this is situated the office for stores and supplies. Other space on this floor is used for storage.

The main approach is to be from the North. There is a completely enclosed ambulance entrance. Admissions only come from this approach. A South entrance just directly opposite is provided for those being discharged. Wide steps lead up from the main doors to a lobby where the Blind Concession is located. Here we saw a rather nice looking room, and made the suggestion that it might become the Alumnae Office. Mr. Barnes mentioned the fact that he would probably find us something even better. Stepping inside the approach from the South, the stair case is somewhat narrower, and not quite as elaborate, but on either side, provision has been made for rest rooms, one for men, the other for women.

After all this I see one important item has been missed, that is the system of bells. This of course is the light system. Bulbs appear above each door and are synchronized with a board at the desk.

The new Calgary General Hospital to date is merely a very modern cold structure. As a city reflects the spirit of its people, so will a structure reflect the spirit of its staff. Those of us "Born Thirty Years Too Soon" only hope that some of the old spirit may enter this new structure, and that a warmth radiate making our Hospital second to none.

Many thanks to Mr. Barnes, and to my classmate Mrs. Brigden, (Folkins of '26) for accompanying me.

MRS. A. S. HAMMILL, (McKee '26)



## TREASURER AND MEMBERSHIP CONVENER

At this date, October 29th, 1951, paid up membership is City, 311, Out-of-town 281, a total of 592, a substantial increase over last year.

My sincere appreciation to all for bearing with us in this our re-organization year. It has been a lot of work and errors have been made but our business affairs are in better shape and I believe a more satisfactory and efficient system has been inaugurated.

Mrs. Brigden will be carrying on next year and I am sure you will co-operate by sending not only your own changes of address, but also any you may know of.

Many thanks for all your notes and letters. I have really enjoyed hearing from and meeting so many of our fellow grads.

VIOLA F. THOMPSON.

## NEWS ITEMS . . . .

Miss Jean Dafoe ('47) and Miss Marjorie Bugler ('47) from the staff of C.G.H. have been taking Post-graduate training in Obstetrical Nursing at the Margaret Hague Maternity Hospital, Jersey City, N.J.

Miss Irene Symons ('47) has accepted a position on the staff of the University Hospital, Cleveland, Ohio.

Miss Mary Hooper ('37) formerly Supervisor of Third West at the General is now Industrial Nurse at Burns Packing Plant.

Miss Dyllas Roberts ('44) has left her position as Industrial Nurse at Burns plant to join the R.C.N. and last we heard was stationed at Esquimalt, B.C.

Miss Chrissie Snowdon ('41) has joined the R.C.A.F. and was stationed at Trenton, Ont. at the last report.

Miss Marian E. Moodie, our first graduate from the Calgary General in 1898 has returned to our fair city from the East and her new address is 3427, Elbow Drive.

Miss Constance Jacobsen ('51) is taking a post graduate course at the University Hospital in Edmonton.

Miss Betha Johnston ('51) has left Calgary to take a position in the St. Ann's Hospital, Juneau, Alaska.

We are pleased to be able to report that Mrs. Ken Kearns (I. Olsen '42) a patient in the Central Alberta Sanatorium, is coming along very well.

Miss Christine Lund ('32) whose whereabouts was not known for a time has now been located. Her address is c/o The Sudan Interior Mission, Box 127, Addis Ababa, Ethiopia, Africa.

Miss Karen Pedersen ('46) has recently become Mrs. Wm. Pietsch and will be making her home in Pakistan, India.

Miss E. J. Garbutt ('50) and Miss M. E. Dafoe ('50) are working in a T.B. hospital in Hawaii.

Miss M. McElroy ('50) is with T.C.A. in Winnipeg.

Miss M. Lazelle ('50), Miss B. Engemoen ('49) and Miss E. Green ('48) are with T.C.A. in Vancouver.

Mrs. Lew Baillie (Loretta Shantz '33) is now making her home at 3317 Kaohinaui Drive, Honolulu, Hawaii.

We are very pleased to hear that the husband of one of our own grads, Mrs. G. MacKenzie (J. Battrum '46) has taken a position in our hospital. Mr. Gordon S. MacKenzie is now Assistant Manager at C.G.H.

## NEWS ITEMS — Continued

Mrs. D. W. Dawson (J. Anderson '36) has moved to Edmonton from Ottawa, where her husband has been transferred with the R.C.M.P.

Word has reached us that Mrs. E. Donnison (M. Pollock '32) is returning to Calgary from Vancouver where she has been making her home.

Many of you will be interested to hear that Miss Margaret Zelmer ('45) formerly Operating Room Supervisor at the General is now Mrs. James Hart. She was recently married in Norman, Oklahoma, where her husband is attending the University of Oklahoma and her present address is B-21 Niemen Apts., Norman, Oklahoma.



## NEWS FROM OUR GLOBE TROTTERS . . .

From Florence Pletsch '44.

Kapinada, East Godavari Dt.,  
South India.  
May 12th, 1951.

. . . At the present time I am in the hills south of Madras enjoying the cool invigorating air. Many of the scenes here remind us of Canada. We are at 7500 foot altitude and have the highest peak in South India just a few miles from us.

In our mission area we have four established hospitals. In one of these there is a recognized training school. Modern India has many government hospitals, one in each city and some in the towns.

Perhaps you heard about our cholera epidemic of last December. A shepherd boy was giving out quack medicine and thousands came to him. Lack of proper sanitation, sufficient food etc. was good ground for an epidemic and when it hit, it was bad. On one station platform fifty people died a day. India still needs to learn how to care for its people. What are we among so many?

From Ethel L. Griffen '46.

495 Mark St.  
Peterboro Ont.  
March 21st, 1951.

. . . I am down here in Ontario doing missionary work for the Church of Jesus Christ of Latter-Day-Saints. I have found the work very wonderful and met some very wonderful people.

One of our members has a very strange case of more or less of a psycho nature. The lady has developed all the signs and symptoms of a brain tumor and Tuberculosis and yet her physical body is in good condition. She is now starving to death because when she eats she thinks her food sticks half way down. The Doctor says it dates clear back to her childhood, and when you hear her childhood you can readily understand.

## OUR GLOBE TROTTERS — Continued

From Kathleen Metheral ('40)

Firs, Landour, Mussoorie,  
United Provinces, India.

. . . . "In our area tetanus is extremely common. Several times we had 5 or 6 cases at once in our 90 bed hospital. Anaemias are severe haemoglobins are sometimes in the 20's and 30's and frequently in the 40's and 50's. R.B.C. in 2 and 3,000,000 bracket is very common. Pneumonia,, T.B. and Malaria are particularly prevalent. We do a smear for Malaria about as frequently as blood counts. We seem to have more burn cases in a month than in 5 years in Canada. Often clothing is like a narrow sheet wrapped round and round, it catches fire so quickly on the open wood and charcoal fires.

From Ella L. Foerstel ('24)

St. Paul's Mission,  
Balbalasang,  
Mountain Province, Phillipines.

. . . . "My last year (1949) or actually the whole term in the Phillipines was a very hectic and trying one. Then I was home in Calgary. Now I have returned once again for another four year term, but to different work. As I had had over 25 years of surgery, I decided it was time I made a change.

My time is still limited in the clinic, but I am realizing many of our privations. There is no medical aid here and to get to the nearest Doctor or hospital, is very often impossible, for the people have no money, it takes a day and a half of hiking over precipitous narrow trails, and the patient would have to be carried on the back or slung in a blanket. But, actually they do look to us to do everything for them. So I will become a little like "The White Witch Doctor." One case I had recently, the man had cut his leg very deeply. He had just packed it with green leaves to stop the hemorrhage. Well it did, and you may well believe I gave it a good cleaning up and was relieved that no infection set in."

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## NEWS FROM OUR ASSOCIATED GROUPS

### EDMONTON GROUP

The Edmonton group of the Calgary General Hospital Alumnae was first formed in May of 1950, by Miss C. MacKay ('16), Mrs. W. W. Eadie (Kilgour '19) and Miss M. Fitzsimmons ('42). Since then we have had monthly meetings with short business sessions and finishing with a speaker or social gathering.

Among the speakers we have had was Mrs. C. Van Dusen, who told us of the work of the Provincial Office and the Registrar. Another evening we had two of the mothers from the local Cerebral Palsey Clinic. They showed a film on the Kentucky clinic and told us what is being done now and planned for in the near future here in Edmonton and district.



Since our meetings are not too well attended (we have over fifty members residing in Edmonton) we could not ask speakers to come for such a few, so starting this Fall we are having social evenings in the homes of the members. The Edmonton group is convened by Miss M. Fitzsimmons ('42) with Mrs. E. Boyd (Ross '45), Mrs. L. Murray (Little '44) and Mrs. K. Jorgenson (Bowers '27) as members, and Mrs. L. G. Alexander (Johnston '44) as secretary.

(Mrs. L. G.) MARY ALEXANDER (Johnston '44).

## VANCOUVER GROUP

The first meeting of the Calgary General Alumnae out here was held last November 27th, 1950 at the home of Mrs. Graver. There were seventeen members present. The first formal meeting, as you might call it, was held on January 12th, 1951. At this meeting the election of officers was done. Mrs. F. Graver (Archibald '44), president; Mrs. H. B. Kirkpatrick (Marrs '27) vice-president; and myself, secretary-treasurer.

The first few meetings were held every two months, but this was then changed to have the meetings every month. At the March 12th meeting it was decided that our purpose would be to aid the Grace Hospital Women's Auxiliary. They have a very active auxiliary for the size of it. Our June meeting is to be held at the Grace Hospital which will include a tour of the hospital itself. This should prove interesting. On May 14, we held a banquet in the Palamino room in order to acquaint more of the ex-Calgary General graduates with the newly formed Alumnae. Only twenty-three were able to attend as holidays and night duty cut down the number. One of the earliest graduates of the Calgary General was present, Mrs. E. Lamarque (M. Cope 1900).

At present we are engaged in getting things ready for a pre-Christmas Bazaar.

I am sorry to say that we don't have 100% attendance, but I guess most alumnae don't anyway. Our membership now includes forty-five General graduates, representatives from 1900-1950.

(Mrs.) NORMA DOBSON (N. Gilchrist '49)

## LETHBRIDGE GROUP

*1937 - 1944 - Our Vancouver*

In 1937 Mrs. H. B. Bradley (Helen Lees '34) arrived in Lethbridge still filled with enthusiasm over helping to form the C.G.H. Alumnae in Calgary. It wasn't long before she had gathered eight other C.G.H. graduates to form the nucleus of the Lethbridge Branch of the C.G.H. Alumnae. Early members included: Mrs. K. J. Murray (H. Hill '19), Alice Doe '24), Mrs. W. H. Heath (J. Little '33), Mrs. B. Humphrey (E. Findlay '37), and Mrs. I. W. O'Brien (M. Oland '34). Membership has varied from nine to twenty-two. Our present membership includes fourteen.

Some of our members have driven in from Macleod, Raymond, Stirling to join us in a social evening, which is held on the second Thursday of each month at the homes of the members.

We cover a lot of ground in a short period. We play at Canasta and Bridge. We sew or we mend or just talk. We hear about babies from Lois McKillop (Harper '45), sewing adventures or new hair do's from Helen Bradley (Lees '34), new recipes from Margaret Ollis (Ogilvie '40) and Eurette Hamblin (Munro '29). Dorothy Palate ('48) regales us with accounts of her cycle trips and we can hardly wait for Ann Fallis to tell us of her hikes at Banff. Just name your subject, our members can cover them all.

We always have happy times on alumnae nights. We go back to—"Do you remember when?" Or look forward with interest to the Year Book, the Banquet, the completion of the new hospital. Is it little wonder that we have 99% attendance when we have no fees, no dues, but just a common interest in the past, present and future of the C.G.H. and its graduates. If any of you are in or near Lethbridge why not pay us a visit and see us in action.

Recently our ranks were broken with the passing of Mrs. H. Gibson (Isabelle McMillen '19). Isabelle was a true friend and a loyal alumnae member.

From our chain a link has fallen,  
In our land a star has set.  
But enshrined in memory's tablet,  
Her true worth, we'll ne'er forget.

AGNES SHORT ('39).

(We regret that owing to limited space, names of members of each associate group cannot be listed.)

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. . . Let us now remember many honorable women,  
Such as bade us turn again when we were like to die.

— *Rudyard Kipling*

Ever hear of the beautiful co-ed who thought that the tablets written by the ancient Gauls, were known as gall stones?

Everyone has some useful purpose in life, even if it is only to serve as a horrible example.

Medical Allergists claim that hay fever can be either positive or negative. Sometimes the eyes have it and sometimes the nose.

Specialist; a doctor whose patients are expected to confine their ailments to office hours.

There are too many people always ready to reach for the stool when there is a piano to be moved.

## KANGRA KALLS . . .

by Gray '42.



At last the morning's work was over, and we were all eagerly preparing to leave hospital. One nurse went to close and lock the door, but even as she stretched forth her hand, a patient knocked for entry, and there stood another woman in labour, destined to be our third Caesarean section in as many days. We lighted the primus stoves (you know the type that burn kerosene oil under pressure) selected the instruments and put them on to boil, put one primus under the sterile water container, then proceeded to wash the walls and floor of the O.R. with carbolic solution—a very necessary procedure, as our one "theatre" must do for all the maternity work as well as

surgery. An hour and a half later we were all ready. The delay was due to the fact that there was no hot water left at the end of the morning's work, and so it took longer to boil instruments and sterile water. Twenty minutes later a healthy baby girl was crying lustily, and a dopey mother was ready to be carried back to bed. (She was fortunate—after normal delivery the mother walks back to bed, though the nurse usually carries the baby.)

Not so fortunate was another woman who was carried in on a bed one evening. Her relatives had left home with her in the morning, but lived so far from the hospital that it took all day to reach us. She had been in labour three days, bearing down hard since the commencement of contractions. This exertion, coupled with no food or drink (Hindus do not eat after the start of labour until delivery is complete) had left her quite worn out. The baby was dead. After two hours of hard labour, during which a craniotomy was performed with much difficulty, we put the woman to bed. It was too much for her, and she succumbed shortly after—two lives uselessly wasted.

But perhaps you'd rather hear about wee Gunga Ram. His father brought him to us last Christmas morning, in the midst of our festivities, saying he had been playing in the stream near the house, and a leach had gotten into his nose and throat. A casual examination revealed nothing, but frequent glances were rewarded with a glimpse of something black at the back of the throat, which quickly retreated from sight again. Then arose the question—how to re-

move it? Saline irrigations proved of no avail, so we decided to give the child chloroform, hoping to anaesthetize both child and leech, and catch the latter napping as it were. But the leech didn't seem to succumb as quickly as the child, and merely retreated further into the remote regions above the soft palate. Suddenly the doctor had the idea of sucking it out. In a flash the suction tip was at the back of the throat, and the tail (or it could have been the head) of an unwary leech, obviously unprepared for such an attack was drawn into clear view. Quickly the doctor applied forceps, and soon a writhing black creature was being dangled before us.

Naturally, we have the "ordinary" things, like fractures, pneumonia, malaria, anaemia (sometimes with hb as low as 10%, usually complicated by pregnancy), sterility, laparotomies (though very few appendectomies), intestinal complaints, repairs following childbirth, eye complaints, etc. The incidence of bladder stones is high, due to the concentration of the urine in the hot weather. We always show the stone to the patient, but never give it to them, thereby allowing the stone to grow each time it is described to a group of admiring acquaintances. We seldom recognize the stone when the patient returns some months later and describes it. One of our many Caesarean section patients is shown in the picture with me. She is in her early teens, a victim of osteomalacia, a type of adult rickets, which is quite prevalent in our district.

I find there is great satisfaction offered by nursing in a small general hospital in India, due to the variety of cases and the challenge to one's ingenuity and inventiveness, plus the close co-operation with the doctor. You're right in on the case—you know as much about the patient as the doctor, and are frequently consulted as to your suggestions and opinion. You are not a specialist, but are called upon to perform a great variety of jobs, not all of them connected with nursing. But perhaps the greatest satisfaction and reward is found in the words of Jesus Christ, "Inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto Me."



"What sort of a doctor is he?"

"Well, I don't know much about his ability, but he has a very good bedside manner."

If there's more than one knock on the door then it isn't opportunity, it's relatives.

## A MATTER OF MIND

You don't get ulcers from what you eat. You get them from what's eating you.

Be a live wire and you won't get stepped on.

# Financial Statement, Year Ending Dec. 31st, 1950.

## RECEIPTS

Balance forward Dec. 31, 1949	
Imperial Bank—	
Current Account .....	188.11
Imperial Bank—	
Savings Account .....	3,116.19
Cash on Hand .....	1.15
Dominion of	
Canada Bond .....	1,000.00
Membership Fees .....	4,305.45
Year Books .....	953.00
Hospitalization .....	8.25
Carnival Receipts .....	554.00
Interest on Savings Account .....	386.45
Bond Interest .....	17.82
Sundries Receipts .....	30.00
	1.06

6,256.03

## DISBURSEMENTS

Hospitalization .....	268.85
Canadian Cancer Fund .....	25.00
Calgary Community Chest .....	25.00
Audit Fee .....	15.00
Christmas Party .....	12.56
Sundries Expense .....	28.36
Sundries Gifts and Presentations ..	85.72
Printing of Constitution .....	67.50
Meeting Expense .....	61.87
Postage, Stationery,	
Bulletins, etc. ....	195.15
Year Books .....	5.00
Banquet Expense .....	242.61
Flowers .....	83.00
Balance forward Dec. 31, 1950:	
Imperial Bank—	
Imperial Bank—	
Savings Account .....	2,749.28
Current Account .....	332.82
Dominion of Canada Bonds .....	2,000.00
Cash on Hand .....	37.00
Premium and Acc'd. Int.	
D/C Bond .....	21.33

5,140.43

6,256.03

Certified to be a correct statement of the affairs of the Alumnae Association for the Year ended December 31, 1950 on the basis of information furnished.

(Signed) R. S. FLETCHER, Auditor.

Your membership fee of \$2.00 will be due before March 31, 1952 and should be sent to:—Mrs. W. T. Bridgen—728-12th Ave. West—Phone 27213.

PLEASE NOTE:—Make Cheques, Money Orders, Postal Notes, etc. payable to Alumnae Association of Calgary General Hospital. Please include stamps and exchange when necessary. United States Postal Notes are non-negotiable in Canada.



